

**EDUC 459-4**  
**INSTRUCTIONAL ACTIVITIES IN PHYSICAL EDUCATION**  
**(D02.00)**

**ASHIF JIWA**

**604-291-5987**

**TUESDAY & THURSDAY 8:30-12:20 EDB 7540**

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**PREREQUISITE: EDUC 401/402**

**DESCRIPTION**

This course focuses on elementary (K-7) school physical education programs. Discussions and activities will blend theory (movement education orientation) and practice (practical ideas) as they relate to the movement components of the British Columbia I.R.P. (Games, Gymnastics, Dance, Individual and Dual Activities and Alternate Environment Activities). We will explore personal past physical education experiences and try to develop a philosophical belief statement that will help guide future physical education experiences.

**Assignments**

Memories of a "Movement Experience"

- Unit Plan
- Peer Teaching
- Participation, readings and in-class work
- Resource Compilation
- Belief Statement

**Required Text**

T.B.A

**Recommended Readings**

- Kirchner, G. & Fishburne, G.J. (1998) Physical Education for Elementary School Children with Lesson Plans and Powerweb: Health and Human Performance, 10th ed. WCB/McGraw Hill: Boston, Mass.

- British Columbia Ministry of Education. Integrated Resource Package: Physical Education K-7, 8-10 & 11 & 12. Victoria, BC: Author. [Available on-line at <http://www.ed.gov.bc.ca/irp/>]

\*\*\*\*\*Please note that this is a draft outline and minor changes may occur\*\*\*\*\*

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**Return to Education's Undergraduate 2004-2 Course Outlines Main Page.**

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